

# GEN Z FOR JESUS

**ACTION GUIDE**

**Gen Z, let's be bold and take action on June 17th by praying, fasting, and proclaiming the Gospel! Check out the practical steps and tips below that will help you and your friends add your voice to sound coming out of this generation. Lets goooo!**

## **1. Commit**

- The first step is to say "Yes, I am going to do this."  
*A simple yes can change history.*
- If you haven't already, text GENZ to 94090 and let us know you're in.

## **2. Chose a Fast**

- Fasting is an expression of hunger for God. It's a personal declaration that you want Jesus more than food or other things. You intentionally abstain from something for a time so that you can spend that attention and appetite on God.
- There are different ways to fast. You can eat no food all day, skip a meal, abstain from sweets, not participate in specific activities or media outlets, etc.
- *Fasting is always voluntary, so pick whatever your heart wants to do for God.*

## **3. Set Time to Pray**

- Schedule times in your day to pray by yourself.
- Schedule a time with your friends to pray together, in person or online..
- We'll send you a Prayer Guide with some focuses that we can all pray for together that day! (make sure you texted-in GENZ to 94090 so we have your number to send you that).

## 4. Plan your #genzforjesus post for June 17th, 2020

- Set aside time to record a video of you praying, preaching, sharing your testimony, or doing a creative expression proclaiming the Gospel online.
- Creative expressions can be a spoken word, song, poetry, artwork, dance, skit, writing, the list goes on. Whatever gift God has put in you, release it, record it, and post it online June 17th.
- Either in your post's caption or elsewhere, feel free to let people know they can reach out to you if they want prayer or to know more about following Jesus.
- Use the hashtag #genzforjesus on all posts.

## 5. Make the Gospel go viral!

- Follow the hashtag #genzforjesus
- Share your friends' videos, as well as other posts from the hashtag.

## 6. Tune in live throughout the day!

- Watch our social platforms, as we will go live with youth from across the nation at multiple times throughout the day, both from the Gen Z For Jesus accounts as well as on our collaborators' pages (One Voice, Circuit Riders, Awaken the Dawn, and others)



@genz4jesus



@genzforjesus